

The back-to-basics checklist for orthopedic trauma surgeons

We prepared a sample checklist to aid you in your treatment planning. It is based on and brought to you by the AO Surgery Reference.

1 Clinical and radiological assessment

- Get patient history (comorbidities, medication, allergies, etc).
- Identify fracture type and morphology.

2 Decision-making

- Consult the AO Surgery Reference
- Select the treatment.

3 Patient instruction

- Inform the patient and get his/her consent.

4 Preparation for surgery

- Set up operating room and patient positioning.
- Brief the operating room personnel (ORP) and anesthesiologist.
- Plan for image intensifier position(s).

5 Surgical technique

- Select the implant(s).
- Review the steps of your surgery: approach, reduction technique(s), implant application, pitfalls & pearls.

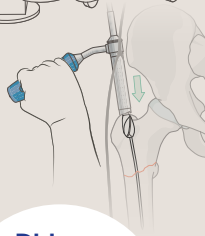
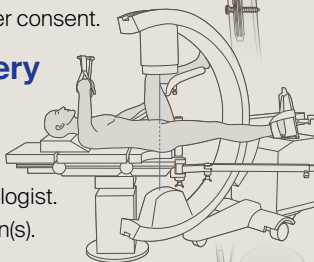
6 Aftercare/follow-up

- Apply pain control and venous thromboembolism (VTE) prophylaxis.
- Instruct patient/physiotherapist on mobilization and weight bearing.
- Follow up clinically and radiologically.



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